



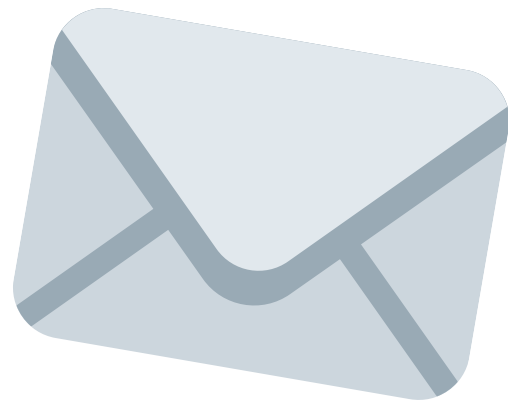
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# HOW TO MAINTAIN A GOOD **READING** **HABIT** AT HOME

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THE NOTTINGHAM EMMANUEL  
SCHOOL

# A letter from the Librarian...



For some people, reading for pleasure comes naturally. For the rest of us, **we have to try a little harder!** There's always another task that needs doing, or a different way to relax that requires a lot less concentration - at least in those first few minutes, whilst you are trying to get into the story.

However, even though reading can be a challenge, **learning to maintain the good reading habits that you've developed in school is essential.** Multiple studies have shown that when students are away from school for a long period of time (normally over the summer holidays) many students **lose reading ability**, or slowly **begin to fall behind** their classmates who keep up their good reading habits.

At Emmanuel we are **determined** that this is not going to happen whilst students study from home. We've given you your tutor time reading books and are providing this guide, **full of helpful links, tips and tricks** to keep you reading. With your reading skills polished and a book in your hands, the time will fly until you're back in school!



**Read on to find out how you can maintain a good reading habit at home!**

1 **Experiment** with different genres! Even good books can get boring if you're only reading one thing!

2 **Schedule** reading into your routine. It's just as important as dedicating time to science or maths!

3 Make a **music playlist** to listen to whilst you read, inspired by your book!

# 8 TIPS TO MOTIVATE YOURSELF TO READ MORE

4 Find a **quiet**, comfortable reading place with **no distractions** - maybe a garden?

5 **Talk to other** people about books - their excitement can get you excited too! Try **BookTubers** too!

6 Set yourself a **goal** number of pages or books to read per week and **track** what you've read. Sites like Goodreads will help!

7 **Turn off social media and the internet.** Try the free version of [getcoldturkey.com](http://getcoldturkey.com)

8 **Keep your books in a very visible place**, e.g. bedside table or the kitchen table. They'll remind you to read! Don't leave them in your bag where they are hidden.





## Introducing... **BookTubers!**

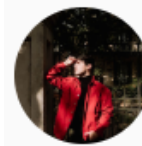
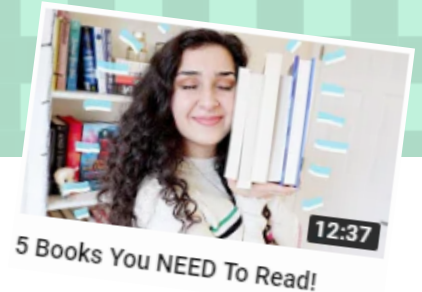
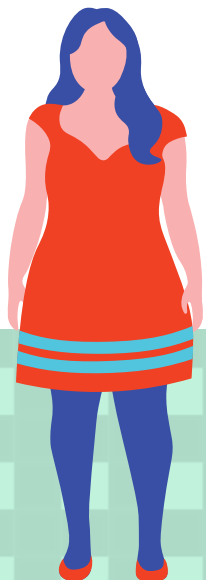
BookTubers are YouTubers who make videos about books. Most of their videos promote children's and Young Adults books.

## Why should I watch them?

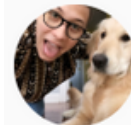
The best BookTubers make entertaining and educating videos designed to get you excited about reading. These might include book reviews, guides to new releases, recommendations by genre (Romance, Sci-Fi, etc...), or tips on how to keep motivated to read! If you are struggling to pick up a book, watching a video by a BookTuber might inspire you.

## Who should I watch?

Pick one of the names from the left—there's a BookTuber for everyone! Miss Gregory recommends 'Hailey in Bookland' to start.



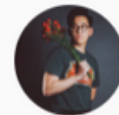
**jessethereader** ✓  
340,462 subscribers



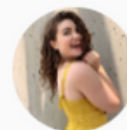
**InsaneReader**  
103,156 subscribers



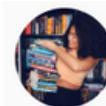
**A Clockwork Reader** ✓  
229,712 subscribers



**ellias**  
32,851 subscribers



**Hailey in Bookland** ✓  
227,227 subscribers



**NayaReadsandSmiles**  
58,928 subscribers





# Can't access books? Try audio.



If you **don't have that many books at home**, and you have **read through** all of the ones you've **borrowed from the school library** try out **audiobooks**!

Audiobooks have many of the same benefits as reading straight from a book, plus a few more! Listening to audiobooks **improves your reading and speaking** accuracy and fluency, **builds critical listening skills** and **improves focus and attention span**. Depending on the narrator, you can listen to really **dynamic and creative** audiobooks, which can be **more engaging** for readers who struggle to get into the 'flow' of a story.

**Audible** is one of the biggest digital audiobook platforms. The company has recently released a number of **free** audiobooks for **children and teens** to help you through this period of isolation, found at: **<https://stories.audible.com/start-listen>**

**Read on for Miss Gregory's top picks from this free selection!**





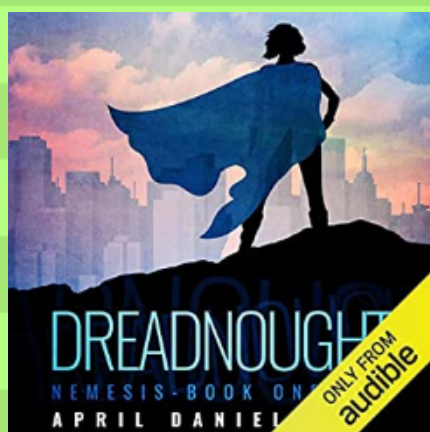
Fantasy, Magic  
**8hrs 18mins**



Fantasy, Kidnapping!  
**9hrs 32mins**



Science-Fiction,  
Adventure  
**3hrs 55mins**



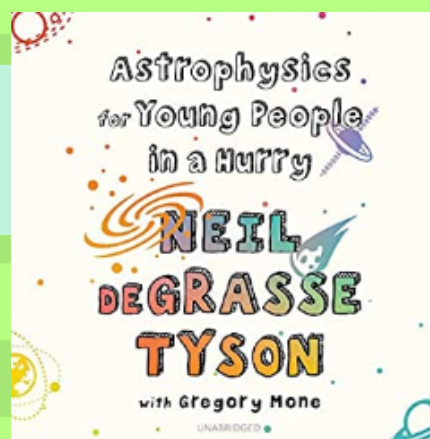
Superheroes,  
LGBT+  
**11hrs 28mins**

**Y7 & Y8**  
stories.audible.com/start-listen

Fantasy, Classic  
**2hrs 44mins**



Non-Fiction, Physics  
**3hrs 32mins**



Science-Fiction,  
Space Pirates  
**4hrs 8mins**

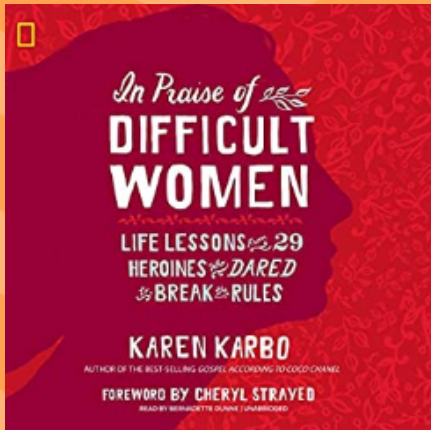
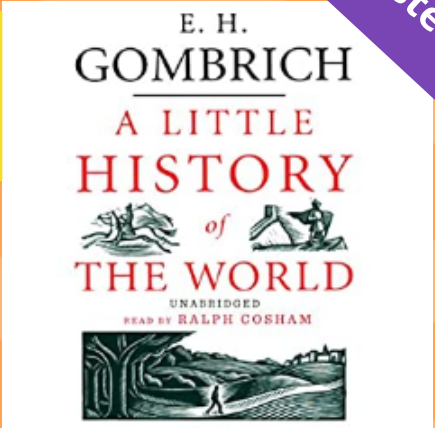






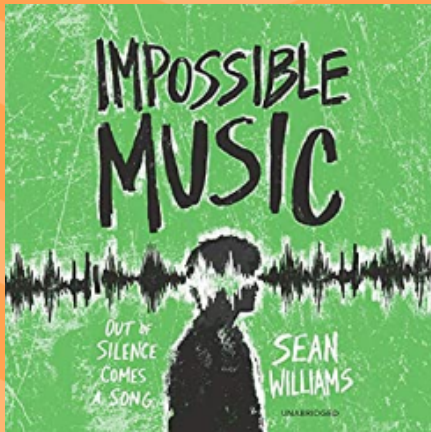
- Romance, Family •
- **16hrs 43mins** •

- Non-Fiction, World History •
- **9hrs 11mins** •



- Non-Fiction, Social History, Feminism •
- **11hrs 17mins** •

- Fantasy, Magic •
- **12hrs 8mins** •



- Deafness, Contemporary •
- **6hrs 37mins** •



- Raised in a cult, Family •
- **7hrs 7mins** •

- Martial Arts, Coming-Of-Age •
- **10hrs 33mins** •



stories.audible.com/start-listen

Y9+



*Just one more chapter...*

# READING TRACKER



*Monday*

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*Tuesday*

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*Wednesday*

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*Thursday*

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*Friday*

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*Saturday*

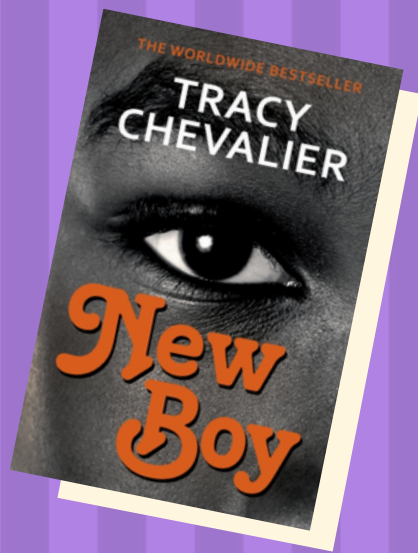
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*Sunday*

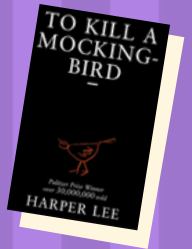
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**Print this page out to keep track of how often you are reading or listening to a book!**

Aim for **at least twenty minutes of reading day**, but you are welcome to challenge yourself to longer, particularly if you are a strong reader.

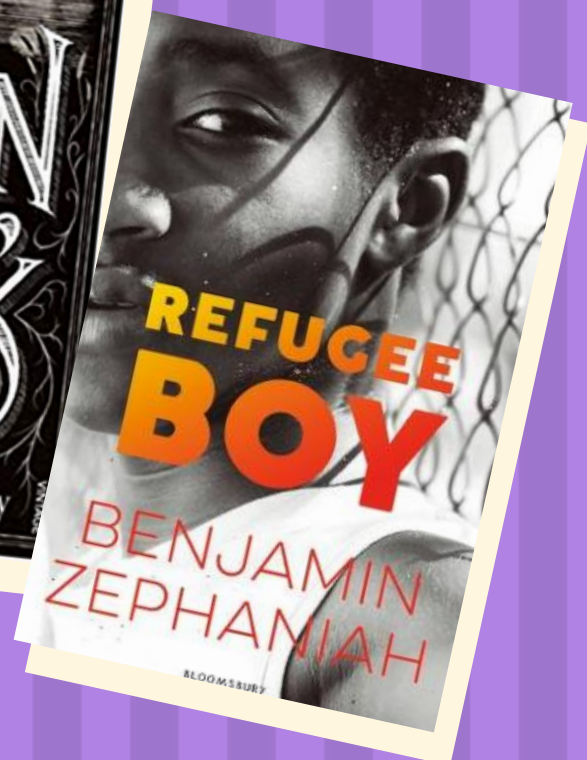


*Don't Forget...*



# NES READS!

Every student should have taken home their copies of their Autumn and Spring NES Reads books!



# MORE WEBSITES TO SUPPORT YOU WHILST YOU READ AT HOME...

*Have a click around!*

**Toppsta** - Website with book reviews by children, parents, grandparents and librarians.

**Booktrust** - Website with book recommendations, competitions, quizzes, storybooks and games.

**Oxford Owl** - Free eBooks for children 3-11 years old, English and Maths activities.

**Reading Realm iPad App** - For parents, The Reading Realm offers your children the chance to explore, without any pressure, a whole host of marvellous, informative, moving, rich stories, poems and non-fiction classic and contemporary texts. Perhaps a snippet from the first chapter of a brand-new book, a short, classic poem or an extract from a non-fiction book about boats, horses or mountains will be enough to awaken, rekindle, restore or strengthen your child's interest in books.

**readingagency.org** - An interactive book sorter to help children find a book to read and interactive games.

**roalddahlfans.com** - Lots of quizzes and interactive games.

**literacytrust.org.uk** - New family zone with video and audio resources.

**Goodreads** - "Find and read more books you'll love, and keep track of the books you want to read. Be part of the world's largest community of book lovers on Goodreads."