



04 January 2022

Parents and Carers

As a part of your child's education at The Nottingham Emmanuel School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next half term, starting Monday 10<sup>th</sup> January, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons in year 9 and year 10 will follow the outline below.

- Session 1 – how to build positive relationships and treat others with respect
- Session 2 – how stereotypes might affect relationships and how we can ensure we treat others fairly
- Session 3 – how to identify a negative relationship and what consent, coercion and violence might look like in a relationship
- Session 4 – understanding what sexual harassment and sexual assault are, making sure we build a supportive community where hopefully this doesn't happen

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

We recognise that some of these subjects might be sensitive to students and so we wanted to make you aware these sessions are taking place. As these sessions fall under the Relationships Education section of the curriculum, parents and carers are not permitted to withdraw students from these sessions. More information on the Right to Withdraw from PSHE sessions can be found here: <https://www.gov.uk/government/news/relationships-education-relationships-and-sex-education-rse-and-health-education-faqs>

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE curriculum. All PSHE teaching takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

Please be reassured that we will be offering the utmost support during and after these sessions. If you would like to find out more or discuss any concerns, we would urge you to contact the school.

Yours faithfully

Charlotte Bassett

PSHE Coordinator