



10 February 2022

Parents and Carers

As a part of your child's education at The Nottingham Emmanuel School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, on Monday 21<sup>st</sup> March your child will be participating in a Drop Down Day, where regular lessons will be cancelled, in order to focus on the relationships and sex education (RSE) aspect of this programme. The Drop Down Day will have 5 sessions, as outlined below.

- Session 1 – Healthy relationships
- Session 2 – Social media and protecting our wellbeing
- Session 3 – Consent and teenage relationships
- Session 4 – Sexually transmitted diseases
- Session 5 - Reproductive health, including pregnancy, miscarriage and menopause

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE curriculum. All PSHE teaching takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

We recognise that some of these subjects might be sensitive to students and so we wanted to make you aware these sessions are taking place.

You do have a right to withdraw your child from intimate sex and relationship education which on this occasion sits in sessions 4 and 5 on 'sexually transmitted diseases' and 'reproductive health'. However, we are confident you will share our enthusiasm for the successful implementation of the PSHE curriculum, which we feel will benefit all of our students. In order to withdraw your child it is important to contact the school to discuss this.

If you would like to find out more or discuss any concerns, please contact the school using:  
[admin@emmanuel.nottingham.sch.uk](mailto:admin@emmanuel.nottingham.sch.uk)

On Tuesday 22<sup>nd</sup> February at 3.30-4pm Mr Wright (Assistant Principal) and Ms Bassett (PSHE Coordinator) will be available to show the resources which will be used on the drop down day, if you have any questions or concerns about what is being covered. If you would like to attend this session then please email the address above to let them know.

Yours faithfully

Charlotte Bassett  
PSHE Coordinator [cbs@emmanuel.nottingham.sch.uk](mailto:cbs@emmanuel.nottingham.sch.uk)