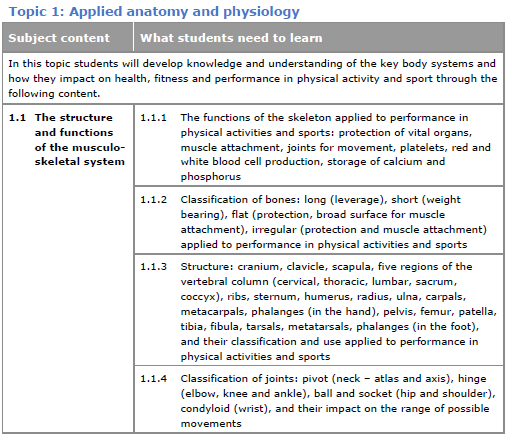
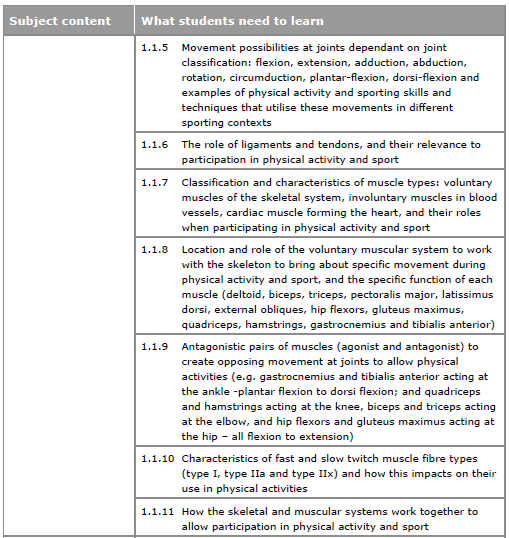
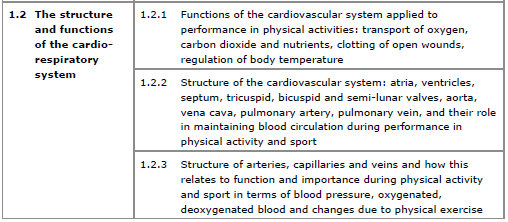
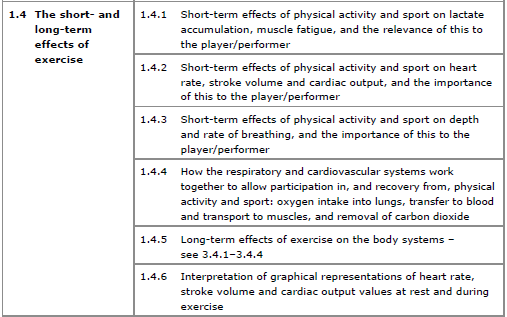
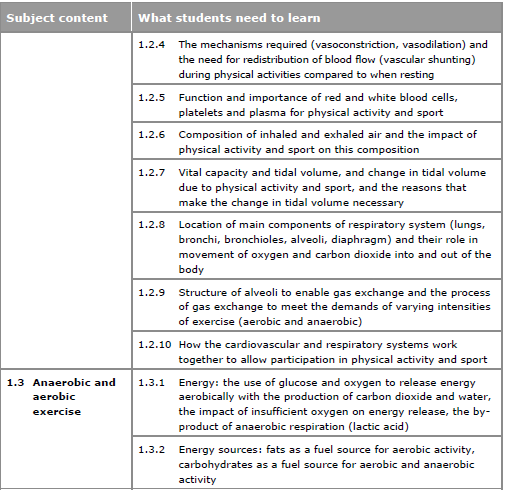
**Component 1 – Fitness and Body Systems 🡪 WEDNESDAY 17TH MAY (PM)**

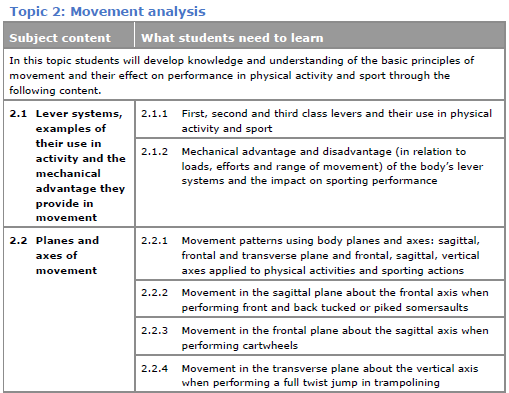
**1hr and 30 minutes, 80 marks , and is worth 36% of the qualification**

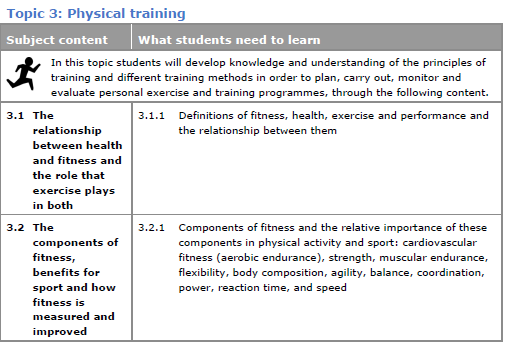


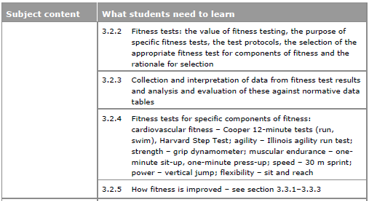


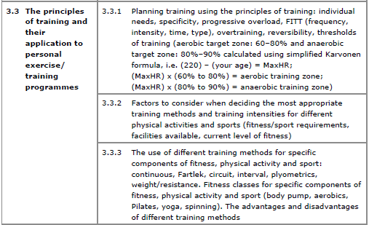


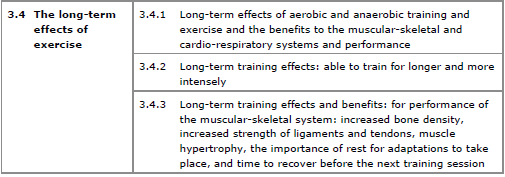


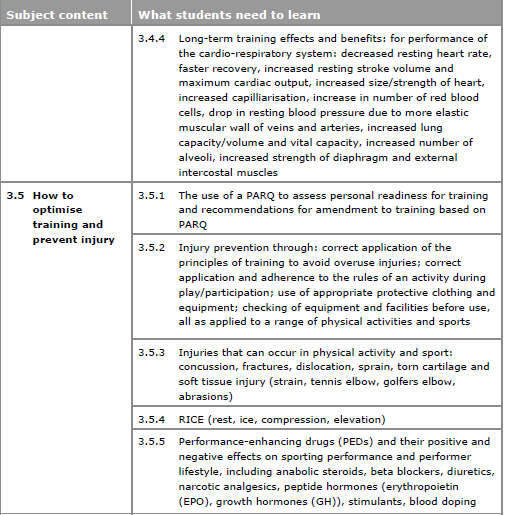


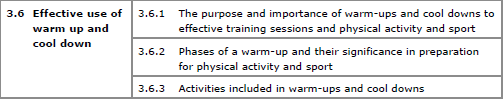












**Component 2 – Health and performance 🡪 THURSDAY 8TH JUNE (AM)**

**1hr and 15 minutes, 60 marks and is worth 24% of the qualification (Calculations needed!)**

